

November 2021



	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	1 Cheerio WG BB Nutrigrain Bar Oranges	2 Life WG Apple Muffin Apple	3 Chex WG SB Nutrigrain Bar Apple OR Oranges	4 Rice Krispies WG BB Muffin Oranges	5 Kix WG Apple Nutrigrain Bar Oranges OR Apples
Lunch	Chicken Risotto Carrots Pears	Meatball's w/gravy Diced potatoes Applesauce Butter Bread	Sun butter & Jelly Sand. Chicken Noodle Soup Oranges (National Sandwich Day)	Kielbasa & Baked Beans Mixed Veggie Fruit Cocktail WG Roll $\frac{1}{2}$ KC	Scrambled eggs, peppers & onion & cheese omelet BB Muffin Orange slices All Day KC
Snack	Pretzels	Apple Slices	Vanilla Wafers	Graham Crackers	Pumpkin Bread
Breakfast	8 Cheerios WG BB Nutrigrain Bar Banana OR Apples	9 Life WG Apple Muffin Apples	10 Chex WG SB Nutrigrain Bar Oranges OR Apples	11 Rice Krispies WG BB Muffin Oranges OR Apples	12 Kix WG Apple Nutrigrain Bar Banana
Lunch	Tuna Noodle Casserole Peas Peaches	Vegetarian Chili Corn Bread Muffin Oranges	Broccoli & Cheese Soup Turkey & Cheese Roll-ups Orange slices	Creamy Ham & Scalloped Potatoes Apples & WG Roll	Pizza Fresh Carrots w/ ranch Banana
Snack	Carrot Stick	Yogurt & Granola	Animal Crackers	Cheese & Crackers	Pumpkin Cookies
Breakfast	15 Cheerios WG BB Nutrigrain Bar Banana	16 Life WG Apple Muffin Oranges OR Apple	17 Chex WG SB Nutrigrain Bar Apples	18 Rice Krispies WG BB Muffin Oranges	19 Kix WG Apple Nutrigrain Bar Apples OR Oranges
Lunch	Baked Chicken Cordon Bleu Casserole Broccoli Pears & WG Roll	Spaghetti w/meat Sauce Green Beans Applesauce	Grilled Cheese & Tomato Soup Pickles Sliced apples	Turkey & Gravy Stuffing & Mashed Potatoes & Corn Cranberry Sauce	Apple Oatmeal Dish Sausage links Diced Sweet Potatoes
Snack	Cereal	Goldfish Crackers	Yogurt & Granola	Pumpkin Pie w/topping	Oranges
Breakfast	22 Cheerios WG BB Nutrigrain Bar Oranges	23 Life WG BB Nutrigrain Bar Apples	24 Chex WG Apple Nutrigrain Bar Oranges OR Apples	25	26
Lunch	Fish Stick Mac & cheese Beets Peaches	Sweet & Sour Meatballs Rice California Blend Pineapple	Sun butter & Jelly on WG bread Carrot's w/ranch Oranges All Day KC		
Snack	Tortilla chips & Salsa	Yogurt	Apples & Cheese		
Breakfast	29 Cheerios WG BB Nutrigrain Bar Banana	30 Life WG BB Nutrigrain Bar Apples & Oranges	Milk is served in compliance with the CCAFP Standards at all meals 		
Lunch	General Tso's Chicken w/rice Broccoli Pineapple All Day KC	Shepherd's pie Mashed Potatoes Mangos			
Snack	Graham Crackers	Vanilla Wafers			