

October 2021

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Milk is served in compliance with the CACFP Standards at all meals				1 Kix WG BB Muffin Banana
Lunch					Pizza Salad w/ Honey Mustard Bananas
Snack					Caramel Apple Oat Bar
Breakfast	4 Cheerios & Yogurt WG BB Nutrigrain Bar Banana OR Apples	5 Life WG Blueberry Muffin Apples	6 Chex WG SB Nutrigrain Bar Applesauce	7 Rice Krispies WG Apple Muffin Orange OR Apples	8 Kix WG Apple Nutrigrain Bar Oranges
Lunch	BBQ Chicken Scalloped Potatoes Peaches	Stuffed Pepper Casserole- Hamburger & Rice Peppers & Onions Mangos	Turkey & Cheese Wrap Vegetable Soup Sliced Apples	Kielbasa & Beans Corn Orange Slices WG Roll	Cheese Ravioli w/ Sauce Green Beans Pineapples WG Roll * 1/2 Day KC
Snack	Cereal & Milk	Carrot Sticks	Tortilla Chips & Salsa	Cheese & Crackers	Vanilla Wafers
Breakfast	11 Cheerios WG BB Nutrigrain Bar Oranges OR Apples Slices	12 Life WG Blueberry Muffin Apple	13 Chex WG SB Nutrigrain Bar Oranges OR Apples	14 Rice Krispies WG Apple Muffin Banana	15 Kix WG Apple Nutrigrain Bar Oranges
Lunch	Sloppy Joes on WG Roll Tater Tots Pears *All Day KC	Chicken Pot Pie Peas & Carrots Peaches WG Roll	Sun Butter & Jelly Sand Chicken N Corn Noodle Soup Oranges Slices	Ham w/Mac & Cheese Harvard Beets Applesauce	Pizza Banana Raw Carrots w/Ranch
Snack	Animal Crackers	Goldfish Crackers	Yogurt & Granola	Graham Crackers	Butterscotch Pumpkin Bread
Breakfast	18 Cheerios & Yogurt WG BB Nutrigrain Bar Oranges	19 Life WG Blueberry Muffin Oranges OR Banana	20 Chex WG SB Nutrigrain Bar Apple	21 Rice Krispies WG Apple Muffin Oranges	22 Kix WG Apple Nutrigrain Bar Oranges OR Apples
Lunch	Chicken Alfredo w/WG Noodles Peas Peaches	Sweet & Sour Meatball California Blend Mango WG Roll	Tuna Melts on WG toast Carrot Sticks w/ranch Pineapple	Ham, Potatoes & Green Beans Peas Butter Bread	Scrambled Eggs, w/Cheese & Bacon Tater Tots Sliced Apples
Snack	Giant Goldfish Crackers	Sliced Apples & Sun butter	Graham Cracker	Cheese & Crackers	Pretzel
Breakfast	25 Cheerios WG BB Nutrigrain Bar Orange	26 Life WG Blueberry Muffin Applesauce	27 Chex WG SB Nutrigrain Bar Apples	28 Rice Krispies WG Apple Muffin Oranges	29 Kix WG Apple Nutrigrain Bar Bananas
Lunch	Spaghetti w/ Meat sauce Green Beans Applesauce	General Tso's Chicken w/Rice Broccoli Pineapple	Cheeseburger Vegetable Soup WG Crackers Apple Slices	Sausage Bites Butter Noodles Peas Fruit Cocktail	Pizza Celery w/Ranch Banana
Snack	Graham Crackers	Vanilla Wafers	Animal Cracker	Goldfish Crackers	Pumpkin Cobbler